



KNIT HELMET

LEVEL 2

ABOUT THIS PATTERN

Seafarers who work on decks and gangways love this helmet.

PATTERN NOTES

Helmet can be worked flat, or it can be worked in the round. Knitter's choice! Directions are included for both versions.

The helmet is knit from the bottom up. After 7 inches, a group of 34 stitches are bound off on one row to provide the opening for the eyes, and new stitches are cast on over the bound-off stitches on the next row. The pattern suggests using a backwards loop cast on over the bound-off stitches, but you can use a cable cast on instead if you prefer.

Tip: To avoid a potential gap at the corners of the opening, you can cast on two additional stitches (36 instead of 34), which are decreased on the following row by k2tog or p2tog at each corner.

HELMET (KNIT FLAT)

DIRECTIONS

Cast on 88 sts. Work in k2, p2 ribbing until piece measures 7".



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MATERIALS

Approximately 250 yds worsted
weight yarn
If knitting flat: US size 8 straight
needles
If knitting in the round: US size 8
16" circular needle and set of
dpns
Stitch marker
Tapestry needle

GAUGE

16-18 stitches & 20-24 rows = 4"
in k2, p2 ribbing, slightly
stretched.

SIZE

Stretches to medium adult size,
approximately
8" wide x 14" long

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Next row: Work 27 sts in pattern. Bind off the next 34 stitches in pattern, and complete the row in pattern.

Following row: Work 27 sts in pattern, cast on 34 sts with a backwards loop cast on, and complete the row in pattern.

Continue working in pattern until the piece measures 12" from beginning.

Shape Crown:

Decrease Row: *K2, p2tog, repeat from * to end of row. (66 sts)

Work even in pattern as established for 9 rows.

Decrease Row: *K1, p2tog, repeat from * to end of row. (44 sts)

Work in pattern as established for 3 rows.

Decrease Row: K2tog to end of row. (22 sts)

Knit one row.

K2tog to end of row. (11 sts)

Break off yarn, leaving a 20" tail. Using a tapestry needle, pass the tail through the remaining live stitches, pull taut. Sew side seam. Weave in ends.

HELMET (KNIT IN THE ROUND)

DIRECTIONS

Cast on 88 sts. Join for knitting in the round, being careful not to twist. Place marker to indicate the beginning of the round.

Work in k2, p2 ribbing until piece measures 7".

Next round: Work 27 sts in pattern, bind off 34 sts in pattern, and work to the end of the round in pattern as established.

Following round: Work 27 sts in pattern, cast on 34 sts with a backwards loop cast on, complete round in pattern as established.

Continue working even until the piece measures 12" from beginning.

Shape Crown:

Note: Switch to dpns when there are too few stitches on the circular needle to work comfortably.

Decrease Round: *K2, p2tog, repeat from * to end of round. (66 sts)

Work in pattern as established for 9 rounds.

Decrease Round: *K1, p2tog, repeat from * to end of round. (44 sts)

Work in pattern as established for 3 rounds.

Decrease Round: K2tog to end of round. (22 sts)
Knit one round.

K2tog to end of round. (11 sts)

Cut yarn, leaving a tail of 8". With tapestry needle, pull through remaining stitches tightly, secure end on inside.

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Weave in ends.