



## Cowl

Skill Level 2:



**About this pattern:** No loose ends to get caught up in equipment. The cowl stays safely tucked into workwear to keep necks cozy.

**Note:** Use your preferred method of knitting in the round, e.g. one 16" circular needle, a set of double-pointed needles or two circulars.

**Use a stretchy cast and bind off to maximize stretching over the head and onto the neck. We don't want the mariners to struggle to get the cowl on!**

**This cowl should be approximately 7" long, which ensures it can stay safely tucked into workwear.**

Cast on 88 stitches. Place marker and join for working in the round, being careful not to twist.

Round 1: \*K2, p2, repeat from \* to end of round.

Repeat Round 1 until piece measures 7" from beginning.

**Finishing:** Bind off loosely in pattern. Weave in ends.

Slip over a head and wear!

**Finished Measurements:**  
7" long, approximately  
8" wide

Adult medium, stretches  
to approximately 23"  
circumference

**Materials:** Approximately  
150 yards worsted  
weight yarn

US size 8 16" circular  
needle, or size needed to  
get gauge

Stitch marker

Tapestry needle

Gauge: 16 stitches & 24  
rounds = 4" in k2, p2  
ribbing, slightly stretched